Daily Word



SEPTEMBER 1958

Pray with Silent Unity

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Iesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind

PRAYER FOR ILLUMINATION: The Christ Mind is my inspiration and guide, and I make wise decisions.

PRAYER FOR PROSPERITY: The Christ Mind within me is the source of all ideas of success and supply. I am abundantly prospered!

PRAYER FOR HEALING: The Christ Mind frees me and makes me healthy, happy, and vitally alive.

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Edited under the inspiration of Silent Unity

Vol. 69

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No. 3

In This Issue

The Flame of Faith—May Rowland -

Poems: Breathe Sunshine and Fresh Air

-Elizabeth Landeweer Center

Light-R. H. Grenville -Back Cover

Cover-Robert Holland

Center Photograph-Lloyd S. Wright, Ir.

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1. Walk with God

3. Life-Light

4. Courage 5. Love 6. Prosperity

7. Praise 8. Awake in God

9. Enthusiasm

10. Contentment 11. Obedience

2. Divine Order 12. World Peace 13. Adjustment

14. Comfort 15. Freedom 16. Receptivity

17. Transformation 27. Joy 18. Friends 28. Peace

19. Spirit Goes Before

20. Self-Appreciation

21. Loving God 22. Supply

23. Why? 24. Body Temple 25. Words

26. Oneness

29. Light

30. Studying

The Flame of Faith

MAY ROWLAND

Are you acquainted with the power within you which will remake your life?

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This power within has been known and used by the sages of every genera-

tion. It opens closed doors, it reveals hidden secrets. You are not ruled by a power that is outside of yourself. Your life is governed by a power that is within you.

You exercise the right to use this power, which is within you, through your faith. Faith is God's gift to man. It has established an eternal bond between you and the power within you, the power which created you.

Are you living your life without being aware of the bond between you and God? If you are, your faith may be like a dying ember. If you feel that all the good things of life bypass you, if you feel that nothing works out right for you, and if you are discouraged and depressed, these are surely indications that your faith needs to be stirred until it flames and brings you again into the pathway of light.

When you see by the light of faith, you be-

come aware of the tremendous power that you can exercise—power that pours in and through

you from your source, God.

Faith aroused glows and flames within you. It releases healing, restorative forces within your body temple. It renews and rebuilds your body and gives you the feeling of youth and vitality. It stirs the energies of your being and you become enthusiastic about living. Joy enters into your actions and you are happy and uplifted. You feel unbound and free and you enter upon a path of achievement. Nothing stands in your way; every phase of your life is brightened.

Faith acquaints you with the power which is hidden from the reasoning mind. It reveals itself to you as a feeling of oneness with the eternal good. It gives you the courage to become the allconquering man. It arouses the spiritual self with-

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When faith becomes a flame in man's mind, he sees by the light of this flame that there are no impossible situations. He knows that there is a

way through every difficulty.

Faith is rapidly becoming a tremendous working factor in the minds of our scientists. They are opening great vistas and enlarging our horizons. We are becoming acquainted with the heavens. Many people are speculating about the possibility

of a trip to the moon. Faith is a pioneer quality of the mind and it loves to explore the unknown. Faith illumines the way, it dares to go beyond that which it sees.

Every time I take a trip across the country in one of the great planes I think of ingenious man. I bless him for his faith, courage, and accomplishment. Then I remember Peter walking on the water, becoming fearful, and being taken into the boat. Yet walking on water is really no greater act of faith than flying a plane into the skies.

Peter's failure to walk on the water and his turning to Jesus Christ is evidence as to the direction man must look to quicken his faith. Peter had not as yet awakened to the Christ within himself. Like Peter we need to learn of the powers and possibilities that are ours as sons of God.

It is true that Peter's faith wavered, but he gained strength through his experience. It was not long until Peter recognized Jesus as the Christ, Son of the living God. This ability to discern the Christ developed even greater faith in Peter.

All of us must act on our faith. If at first we are not successful we keep right on trying. In that moment when we recognize the Divinity planted within us we will know that we are sons of God, sons of the Most High. We will then understand what Paul meant when he said, "Christ

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From this high consciousness of our Sonship we commence to work in accord with our faith, and no matter how many challenges there are to our faith, nothing shall prevail against it.

Healing is accomplished through this high recognition of man's divinity. When you want to help some individual, do not think of him in his physical weakness, but think of him in his spirit-

ual strength as a son of God.

God created man in His image and likeness. Think of yourself in this way. This may be pioneering to you, but the flame of your faith will reveal the Spirit of God within you. The way to realize your sonship is not to continue in mistakes, but to accept your birthright as God's child and act accordingly.

When we make man the field of our discoveries, instead of turning all of our talents to developing things, we will live in a more balanced world. We will learn to live at peace in ourselves. This will give us the assurance of being able to live at peace in this world and not be destroyed

by our own inventions.

This is not a period in the world's experience, nor in our own, when we can bypass our spiritual development and let our faith lie dormant. While we are learning to fly into outer space, we should

also be learning to conquer ourselves so that we will be able to soar to great spiritual heights. Then we will enjoy, not destroy, the peace of outer space. Through conquering ourselves we will learn to live at peace with all nations.

A medical scientist states that "man is a self-renewing mechanism." Should we not learn something about this self-renewing mechanism? Should we not put ourselves in tune with the self-renewing power? If we kindle our faith, we learn that we are more than a self-renewing mechanism, as wonderful as this is; we learn that God, who is in us, keeps the mechanism in operation.

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Any great work or achievement is started in the quietness of our own being when we let the inspiration of the Christ Spirit within us awaken, arouse, and inspire us. When a greater faith stirs within us we will find ourselves making greater progress on every path of life. A greater faith depends on a

spiritual quickening to put it into action. Then it takes hold of spiritual ideas and makes them work. With a greater stir of faith we feel a greater urge to develop our God-given powers and to help others to develop theirs.

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with an inner, listening ear.

Have you ever listened to your own affirmations or prayers, or do you repetitiously go over your affirmations and prayers without listening to them? Many times it is harder for us to attune ourselves to the prayer affirmations we are making than it is to get others to listen to them. We read in Romans: "The word is nigh thee, in thy mouth, and in thy heart: that is, the word of faith, which we preach." We do then preach faith.

When we speak words of prayer, they are supposed to be the truth about us as children of God. For instance, use a simple word of prayer like this which appeared in DAILY WORD: "I work without weariness, for I love God and serve His high-

est purpose in my life."

How many wonderful, faithful souls have said that time and time again, perhaps in different words, but with a consecrated spirit and they found that they could do twice as much work as before. This was because their inner listening ear as a was open and receptive to what they said in their word of prayer.

Back of the increase of faith is practice of the unto

art of prayer every day.

When we try to overcome a condition in our time

lives and seem to make no progress, it is because we have not sufficiently increased our faith through prayer. Remember, faithfulness to prayer must be practiced daily, not just when we have problems to meet. Any artist or musician must learn certain techniques in order to be skillful in his profession. Every human being to be successful in living his life must practice the simple art of prayer. "The wise man . . . built his house upon the rock." This is the rock of faith. On the rock f of faith your life is built. h

Every time you pray, every time you speak a word of prayer, you are building your life upon

the stable foundation of faith.

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Everything in the progress of the race began h. on what was at first an infinitely small amount of faith. You remember that Jesus did not talk about large amounts of faith. He spoke of the mustard seed of faith, and by His illustrations showed what great power there is in a small amount of ey faith.

Read these words of Jesus: "If ye have faith 25 as a grain of mustard seed, ye shall say unto this eir mountain, Remove hence to yonder place and it shall remove; and nothing shall be impossible the unto you."

Perhaps you, as I, have read this passage many our times and have concentrated on the thought of that tiny grain of mustard seed having the ability to remove mountains. But the important part of that text is the word say. We are not just to think or even just to sit quietly and pray, but we are to speak the word of faith fearlessly as an active, commanding prayer.

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One spring there was a tornado in the vicinity of Unity School, and in the vicinity of my home. The radio reported the direction in which it was moving. Those of us at my home were seemingly in its direct path, and the tornado was headed our way at a speed of fifty miles an hour. Then the radio and the lights went off. We continued to pray, and also to look out of the large windows of my home. In another few minutes the formidable, black monster with fire seeming to come out of it-because of the glare of the red skies behind it and the flashing of the purple lights from the breaking power lines beneath it-was practically upon us. In the great need and urge of the moment I said to this oncoming monster, "Dissolve in the name of Jesus Christ!" It was not just what I said, it seemed that I was the very mouth-piece of God speaking to this thunderow les monster. And, of course, not only was I praying po but everyone at Unity School was praying. The wa result of the experience was that though we could fla feel the tremendous pull of the whirling wind of Th the tornado, it turned sharply and took another course. On its way it continued to destroy, but in ten minutes or less when we went outdoors to see what had happened to it, there in the sky it was turned into a thin, white funnel still holding its shape but its power gone.

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Many times I have witnessed the power of the spoken word of faith. We all would wish we had a great enough faith to save everyone who might be in danger. I am sure as our faith increases by use that we will understand not only how to protect ourselves but how to protect others as well.

No matter how big an experience may seem, say that which should be said. Use your small amount of faith. Speak your word of prayer with conviction. The prophet Hosea said to the Israelites, "Take with you words, and return unto Jehovah." Speak words that glow with faith and was promise of the good to be accomplished. Use your arge faith-filled words without fear. Sometimes you fear what others may think about you, or you run was away from the problem that should be met.

Jesus' words showed that He was always fearless. When He saw the paralyzed man at the ying pool, He simply said, "Take up thy bed, and The walk." It was not a long, wordy prayer. The ould flame of faith was back of it, and the man walked. d of The long prayer may be a part of your meditation. But when there is a call to action, speak your word with power and authority in the name of Iesus Christ.

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Why be so meek and mild before the power of God? Remember the words of Jehovah, spoken through Isaiah: "Concerning the work of my

hands, command ye me."

When we feel that something is destructive, it is our God-given right to command the good to come forth. Faith stirs to action your confidence to give the command.

Do you cringe before some so-called incurable disease, or do you have the courage to say, "I will not accept this verdict. Be thou made whole

in the name of Jesus Christ"?

Fear keeps us from doing things, and faith helps us to accomplish the so-called impossible. In "Measure for Measure" Shakespeare wrote: "Our doubts are traitors,

And make us lose the good we oft might win

By fearing to attempt."

The world does not need our doubts and fears. It needs our faith. Fear sometimes becomes paramount. Darkness seems to be on the face of the earth, but an active faith in the power of God, the good, blazes a path of light across our horizons. We see things from an enlightened viewpoint.

Throughout the world persons need to rekindle their faith and make it glow. Though the world may be challenged by appearances of evil conditions, this is not new. Man has always been able to meet challenges through faith and to know in his heart that everything works together for good.

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We rekindle our faith by daily devotion to the spiritual and uplifting side of life, and to the developing of the divinity in man. Every day we should pray, every day we should use in our individual lives all the faith we have at the moment. Every day our faith increases through the law of use.

Let your heart flame with faith, and others will be warmed in its glow. Enthusiasm for life will be rekindled, and the confidence to command good to come forth will be aroused.

AN INVITATION FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

We may be reached day or night by telegraph, Unity, WUX, Kansas City, Missouri, or BAltimore 1-4720, Kansas City, Missouri, or by letter to Silent Unity, Lee's Summit, Missouri.

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Monday

I WALK WITH GOD AND MY STEPS ARE SURE AND STRONG.

WALK with God. This realization fills my heart with rejoicing. No matter where I am or what may be happening around me, I know that every step I take is a step taken with a God.

When I walk with God I walk in safety. With the Psalmist I joyously affirm: "He maketh my tea feet like hinds' feet." And just as those sure lef footed creatures unfalteringly climb the rugged der mountainside, so do I march onward and upward tion with steps sure and strong, for I walk with God. you

When I walk with God I gain new understand- Th ing. Light shines on my path, and I see clearly. far Moreover, God makes my feet strong and supple boo so that, as I seek to accomplish the work He has buy given me to do, I may "run, and not be weary der ... walk, and not faint.'

Walking with God I walk with courage and to confidence. Nothing can make me afraid. Even To though I walk through the valley of the shadow, for my steps remain sure and strong, for I walk with and God. He guides my feet into the way of peace.

♣ He maketh my feet like hinds' feet.—PSALMS 18:33. ♣ I

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E MY MIND, BODY, AND AFFAIRS ARE IN DIVINE ORDER.

VI THE opening of our schools many new challenges await us. There is the challenge of the child's introduction to a new teacher, friends, schedule, and routine. There is the challenge of the teacher's introducth tion to a new group and perhaps it is even the ny teacher's introduction to teaching. Mothers are re- left without little ones to tend, but with new ed demands on their time in the form of preparaand tion of clothing and food, and in stimulating the od. youngsters to apply themselves to their lessons. d. There are the extra demands that are made on the ly. family's budget; there may be tuition to pay, ple books to purchase, extra lunches and clothing to has buy. Then there is the extra care and watchfulness ary demanded of drivers and pedestrians alike.

How wonderful that we can prepare ourselves and to meet these challenges in a constructive way. ven Today's prayer strengthens us in our preparation ow, for divine order in our minds, bodies, and affairs, rith and lays a solid foundation for our adjustment to this new way of life.

:33. • Be ye also ready.—LUKE 12:40.

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Wednesday

MY LIGHT BREAKS FORTH AS THE MORNING, AND MY HEALING SPRINGS FORTH SPEEDILY.

In the dark of a sleepless night, worries and problems may seem magnified and out of proportion. But in the bright morning light

-how different things look!

When we need healing, it may seem like a time of darkness, a time of night to us. And we may let our fears and our imaginations become magnified. But the dawning day of health is always at hand. The light that scatters our doubts and brings peace to our mind and health to our body is the inner light of Spirit. This is the light that rises in darkness to light the cells of our body. This is the light that penetrates the dark corners of our mind, that lights our spirit, and that releases radiant, health-giving rays into every part of our being.

We need not remain in darkness. We can be healed. We can be wholly and radiantly alive. God is our life. God is our health. His Spirit dwells in us. Always we are in the midst of life; always we are receiving beams of healing life.

♣ Then shall thy light break forth as the morning, and thy healing shall spring forth speedily.—IsA. 58:8.

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I AM FILLED WITH THE CHRIST SPIRIT. I AM FEARLESS, COURAGEOUS, AND CONFIDENT.

If I AM TO be fearless at all times I must develop an abiding sense of the Christ Spirit within me. I must know that this Spirit abides within me as unfailing courage. I must know that I can trust this Spirit to help me to be unafraid. When I know that from the Christ indwelling I can draw the courage to meet all things, then nothing will have the power to cause me undue alarm.

I take time this day to draw apart from things in the world and remind myself of the Christ within. I willingly let go of all belief in fear and I depend on the confident, courageous Spirit within to see me safely through anything that I may have to meet.

I refuse to let conditions in the world make me afraid or shake my confidence. I refuse to allow persons or circumstances to intimidate me. The courage of Christ prevails in my heart, and I go my way this day and every day in the faith that His Spirit is with me and that I can never be outside the circle of God's care.

[•] Fear not; for I am with thee.—ISA. 43:5.

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Friday

THE GIFT OF GOD'S LOVE IS IN MY HEART. I WILL LEARN TO EXPRESS IT FREELY AND JOY-OUSLY.

OWELL FILLMORE tells us how we may learn to express more of God's love in our lives in "Things to Be Remembered." He says: "Love is one of the greatest gifts God has given us to use in our association with other persons. Love is powerful beyond all comparison with worldly powers. The world has believed that love is a weak thing and that physical force . . . and hate could overcome those who used only love. But, despite this belief, love is every day rebuilding what hate has destroyed. Love will eventually conquer all worldly powers, because it is the greatest power that man can use. As man develops the power of love, he will find that evil cannot withstand it. Through the right use of love, opportunities for living joyously, harmoniously, and for bringing about world peace will be found by man."

Let us, therefore, learn how to express love freely and joyously.

• A new commandment I give unto you, that ye love one another; even as I have loved you.—JOHN 13:34.

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I AM PROSPERED, TRULY PROSPERED.

Ow OFTEN, and truly, it has been said that "money cannot buy happiness." Neither can it buy any of the eternal values such as peace, health, wisdom, and love. Only God contains all that the heart of man needs and desires, because God is all good.

I know that as I turn to God for my prosperity, He turns to me. As I make room for Him, He pours more and more of His abundance into my life and affairs. Material things are only a small part of what is meant by prosperity or abundance. True prosperity and true abundance is the fullness of God in my life and it includes all that God is.

Today I visualize a world filled with the prosperity and abundance of God. I see that everyone I meet and contact is blessed and prospered. I see abundance filling all space and blessing everything it touches. Today I live in an abundance-filled, God-filled world. I rejoice in a God-filled heart and a God inspired mind.

His delight is in the law of Jehovah . . And whatsoever he doeth shall prosper.

—PSALMS 1:2, 3,

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I PRAISE AND LOVE THE PRESENCE OF GOD IN EVERY PERSON AND IN EVERY THING.

HEN I remind myself that God is everywhere, the word everywhere means just what it says. I realize that every inch of space and matter is filled with His beautiful Spirit and that all worlds, both visible and invisible, are permeated with His love.

No longer do I walk about so absorbed in thoughts about myself that I fail to marvel continually over the wonder of His presence in the stars in the sky and in the earth beneath my feet. No longer do I neglect to read God's lessons in the book of nature, whose message filled pages are constantly opening to me on every side. No longer do I enjoy the most insignificant comforts of this modern world without breathing thanks to God, who has made them possible. No longer do I pass a stranger on the street without saluting the Christ in him.

I am aware of the divinity that illumines my environment. I praise and love the presence of God in every person and in every thing.

· Put off thy shoes from off thy feet, for the place whereon thou standest is holy ground.—Exop. 3:5.

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AWAKENING TO A NEW AWARENESS OF GOD'S PRESENCE, I AM STRENGTHENED, SUS-TAINED, AND SATISFIED.

TTH MY waking hour all things become new. Not only do external sights and sounds have new meaning, but there also comes to me a new awareness of God's presence. Something within me joyously exclaims, "I am awake in Thee!"

I am awake in God, and God is light. In this realization I find new courage to face forward. Night's fears and fantasies flee, and God's guiding light makes safe and serene my way.

I am awake in God, and God is life. The promise is fulfilled: "Because I live, ye shall live also." My entire being is athrill with new powers and od possibilities. I am awake with new life-abundant. full, and free life.

I am awake in God, and God is love. His love infolds me; His power protects me, His presence satisfies me.

"O loving Father, I give thanks to Thee. Thy presence strengthens, sustains, and satisfies me. Truly, I am awake in Thee."

♦ When I awake, I am still with thee.—PSALMS 139:18.

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6:6.

I AM FULL OF ENTHUSIASM FOR LIFE.

through a greater understanding of God's perfect law. Every day my heart's capacity expands to experience and to express more of God's goodness. I greet each new morning with joyous expectation. Like a child on its birthday, I am eager to discover what the day's special blessings will be. And, like a child, I delight in sharing these blessings with others.

Nothing about life is ever limited or stale. I am never bored, because I am one with the infinite possibilities of Spirit. I am original, imaginative, and alert to the promptings and guidance of God. There is no limit to what I can do and what I can be.

Life is full of opportunities. I look for opportunities, and I accept opportunities boldly and with the courage and vision of a pioneer. Divine Mind inspires me. I approach life with a fresh, new viewpoint and I grow each day in wisdom and in grace. From this fresh, new viewpoint I see all people around me filled with enthusiasm.

[♣] And I saw a new beaven and a new earth.—Rev. 21:1.

Wednesday

"I HAVE LEARNED, IN WHATSOEVER STATE I AM THEREIN TO BE CONTENT."

HE WORDS of our statement for today, spoken by Paul, hold within them the secret of true happiness and peace of mind. To be content—not necessarily satisfied—but to be content to let the situations in our lives adjust themselves in their own divine way; neither resisting them, nor forcing them, is the key to harmonious demonstration.

It is never the actual circumstances confronting us that are the real cause of our trouble, but rather it is our reaction to these circumstances. If our reaction is one of resistance, or over-anxious effort to force a situation, then we will have difficulty. If our reaction is one of quiet trust in God then nothing shall by any means hurt us.

My present environment may not be the ultimate of what I would like to experience. As I stand ever uncomplaining and even grateful for this opportunity to grow stronger in Him, perfect contentment shall be mine, even while I am waiting for that good.

• Godliness with contentment is great gain.—I TIM. 6:6.



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Breathe Sunshine and Fresh Air

ELIZABETH LANDEWEER

Breathe sunshine and fresh air, my soul, let keep the wisdom of the mole. est something of God's miracle, ome secret sweet and lyrical, le whispers underground, e lost and never found! lot every star glows in a crown, ome twinkle as if shaken down among the roots of things below, and God has goodly rooms to show n other mansions than the skyook with a lowly eye! lope lifts a searchlight on the hill, but often some small candle will uffice to turn the night to day.

Why do we kneel down when we praylay it not be we need to come ike little children going home own from the mountaintop awhile, escending foothills mile by mile, intil we reach some long lost door with lamplight mellow on the floor, and there where something precious lies, are childlike in our Father's eyes?



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"I WILL BEHAVE MYSELF WISELY IN A PER-FECT WAY."

N INNATE desire for peace and happiness is deep within every person. In our enthusiasm for life and in our efforts to fulfill the desires of our heart, we may sometimes be impulsive in our actions. We may pursue things that are not for our highest good. When we learn to pray for divine direction we are impelled by God's love to govern our actions wisely and to behave in ways that will meet with approval.

In our search for peace and happiness, we are like the child who is learning, growing, and continually seeking the approval of other persons. But as adults, we need to feel that God approves of us, that we approve of ourselves, and that other persons approve of us. We will know that we have this approval when we remember to go first to God for inspiration and then to man as God directs. Actions based on such a premise Peo will be wise, loving, and satisfying. Such actions will meet with full approval.

I will behave myself wisely in a perfect way . . I will walk within my house with a perfect heart. -PSALMS 101:2.

FATHER, LET THERE BE PEACE ON EARTH, AND LET IT BEGIN WITH ME.

VERY DAY Silent Unity prays for peace among nations. Because we know that the individual consciousness is a part of the world consciousness, we in Silent Unity pray that every man will work diligently and faithfully toward establishing peace in his own heart and home.

Silent Unity knows that peace begins within the heart. If each person makes of himself a center of peace, his influence for peace broadens. When a person entertains loving thoughts, coupled with kind deeds, his life is serene. He may not know how far his prayer for world peace may travel but he may be sure that his effort for peace will exert an influence for world peace. nat

Thousands of persons, even millions, join Sigo lent Unity each day in prayer for world peace. as ise People want peace. They believe that peace is ons their heritage, and a tremendous power for peace is activated when hearts and minds unite in prayer for peace.

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[•] Be at peace among yourselves . . . for this is the will of God in Christ Jesus .- I THESS. 5:13, 18.

Saturday

GOD BLESSES ME WITH LOVE AND UNDER-STANDING. I ADJUST HARMONIOUSLY TO ALL PERSONS AND CIRCUMSTANCES.

ACH DAY opens the way for new good, and it often brings the need to adjust to new personalities and new circumstances. Since I am open and receptive to God's love and understanding I can easily and harmoniously make the

necessary adjustments.

Love fills my heart, and I understand that change is essential if there is to be growth. I let love be expressed in and through me in all that I think and do. I understand that new personalities and new circumstances offer new values and new worth. I work to express love and kindness toward all persons and I am tolerant of the needs of others. I realize that it is my own attitude that makes my life a problem or a joy, a burden or a satisfaction.

Today my heart is filled with love, and my attention is focused on the goodness of God. I adjust easily and harmoniously to all persons and to all circumstances. I know God is blessing me with love and understanding.

[♣] Be of an understanding heart.—Prov. 8:5.

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I AM ONE IN SPIRIT WITH THOSE I LOVE, I CAN NEVER FEEL SEPARATED FROM THEM.

If I am called upon to meet the passing of a dear one I remember that the same wonderful love that led both of us to this place in our unfoldment is always sustaining, directing, and protecting us. I remember that I need not be worried as to the welfare of my loved one, "No one is able to snatch them out of the Father's hand." The Father's hand is kind; it is gentle; it is giving; it is loving. My loved one rests in the Father's hand; I rest in the Father's hand.

In the Father's hand there is the gift of eternal life—life that knows no beginning and no ending. This is the life that I accept for myself and for those I love. I accept it when I have faith in it,

when I know that it is eternal.

In the Father's hand there is the gift of peace—deep peace that floods over me as I pray. This peace, which comes through prayer, brings me an assurance of my oneness with those I love, a oneness that transcends the physical, a oneness of spirit.

 No one is able to snatch them out of the Father's band.—JOHN 10:29.

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Monday

AS I LOOK TO GOD I AM LIFTED INTO A NEW CONSCIOUSNESS OF FREEDOM.

F SOME happening of the past is binding you to old conditions or limiting you in your expression, there is something helpful you can do. You can look to God. No matter what caused the bondage, no matter what placed the limitation; you can lift your eyes to God. Then you will enter into a new consciousness of freedom.

Look to God with faith. Faith moves mountains. Even so-called impossible situations are changed through faith, and God opens ways where there seems to be no way.

Look to God with love. When you are conscious of God's great love with its forgiving, cleansing, and peace-giving power, you start living in a new world. Gone is all self-condemnation and you press forward with happiness of heart and serenity of mind.

Look to God with thanksgiving. Thanksgiving clears your vision, and you are enabled to see in pr the mistakes of the past stepping-stones to spirit-

ual unfoldment.

And Jesus lifted up his eyes, and said, Father, I thank thee .- JOHN 11:41.

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MY MIND IS OPEN AND RECEPTIVE TO GOOD IDEAS.

TOW DO YOU accept suggestions? If someone comments on the way you do your work, on the arrangement of your home. sed or on your choice of clothes, is your first thought one of resistance? Or do you give the suggestion proper thought and consider its possibilities and feel grateful for the person's interest?

Many times we go along doing our work in the same way year after year. We keep our homes as we have always kept them. We continue to choose the same style clothing and we never make

changes.

Perhaps there is a better way to do our work. liv- Perhaps there is a different way to arrange our home. Maybe there are styles in clothing that would be more becoming to us. Let us not close our ears and minds to loving suggestions. Let us pray about them. Honest evaluation and sincere prayer will inspire us to accept helpful suggestions and good ideas.

For nothing is hid, that shall not be made manifest . . . Take beed therefore bow ye hear.—LUKE 8:17, 18.

Wednesday

DIVINE LOVE TRANSFIGURES ME AND TRANSFORMS MY WORLD.

HEN PERSONS are in love, the most ordinary things and the most familiar experiences seem transformed by the light of their love. Human love may change, but divine love is everlasting. Divine love transfigures that on which it shines, but instead of merely casting a glow on things, it penetrates and transforms whatever it touches.

Today my heart sings with divine love. My eyes are open to the beauty of love's action everywhere. It is by divine love, God's love, that the universe is upheld, it is by God's love that the rose takes shape, it is by God's love that mankind is healed and blessed. The love that brims my heart today is God's love! This love radiates from Him to me and through me to bless and to remind others of God's love in them.

God is love, and in this love I safely dwell. It is above, beneath, and within me. Divine love transfigures me and transforms my world, and all is well.

◆ Abide ye in my love . . . that your joy may be made full.—JOHN 15:9, 11.

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Thursday

TODAY I DO FOR OTHERS WHAT I WOULD LIKE OTHERS TO DO FOR ME.

FTEN WE wish that other persons would treat us differently than they do. We wish that they would be more kind and more considerate. At times we all long for the "perfect" friend. However, the only way in which we can be assured that others will treat us in the thoughtful way that we would like to be treated is to begin treating others in this manner ourselves.

Life is governed by very exacting laws. It unfailingly brings into our experience the kind of treatment that we have given to other persons somewhere along the line, whether we have given it mentally or actually. So, if we desire love from others we must first give others love. If we desire graciousness we must first be gracious. If we are to have the rare friends who find as much joy in our accomplishments as they find in their own, the friends who can share our thoughts, and the friends with whom we can be ourselves, then we must begin now to be this good friend to others.

♦ Whatsoever a man soweth, that shall be also reap. —GAL. 6:7.

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Friday

THE SPIRIT OF THE LORD GOES BEFORE ME.

As I Go my own appointed way this day, I pray that the Spirit of the Lord will go before me to prepare my way.

As I prepare my children for school or play I pray that the Spirit of the Lord will go before

them to make their way happy and safe.

As I go about my duties at home or in the office, I pray that the Spirit of the Lord will go before me to make my way harmonious and peaceful.

God is everywhere present. As I feel His nearness in my heart I know also that He will go before me to bless every person and situation.

As my family or friends start to travel, I pray that the Spirit of the Lord will go before them to

make their way easy and safe.

As I lie down to a natural, peaceful sleep at night, I thank the Lord for giving me a joyous day. I rest easily, knowing the Spirit of the Lord has gone before me to prepare my rest for renewal of body and mind.

The Spirit of the Lord goes before me to make my way safe, successful, peaceful, and joyous.

♣ Jehovah your God who goeth before.—DEUT. 1:30.

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I LOVE, PRAISE, AND APPRECIATE THE WON-DERFUL SPIRIT OF GOD IN ME.

E HAVE all known persons of whom we have said, "He is his own worst enemy." When we are told to love our enemies, it may be that this applies to our own thoughts and feelings about ourselves. "A man's foes shall be they of his own household."

Feelings of doubt and despair and thoughts of self-depreciation and unworthiness are "enemies." We overcome them, we conquer them through love. Love lifts. Love lightens. Love changes the character and force of our thoughts and emotions. We need to love ourselves as children of God. We need to love the Spirit that is within us. We need to love and to appreciate the fact that we are "fearfully and wonderfully made" and that we are a marvelous creation of a loving God.

What is it that we have longed to do or to be? Let us think of ourselves as children of God, as children of light, let us love, praise, and appreciate the wonderful Spirit of God in us, and know

that all things are possible to us.

I will give thanks unto thee; for I am fearfully and wonderfully made.—PSALMS 139:14.

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MY LOVE FOR GOD AND MY LOVE FOR MY FELLOW MAN ASSURE ME OF SUCCESS IN EVERYTHING THAT I DO.

O LOVE GOD does not mean to pay respect and to give obedience to a far-off Being; to love God means to feel at one with His Spirit of good, which is within us and which permeates the fabric of our lives.

To love our fellow man does not mean to pay homage or to obey certain rules of etiquette; to love our fellow man is to feel a oneness of spirit with him.

When our vision is clarified by love for God su and by love for our fellow man, we no longer feel separated from our good and we are no pr longer fearful that others can keep our good from us. Love that works in and through us quickens our mind, uplifts our spirit, strengthens our body, and helps us to accomplish many things. We cannot escape the success that is a natural outwork. Le ing of the development and application of love for pe God and love for our fellow man. We cannot escape the right outworking of our lives and affairs. of

And we know that to them that love God all things work together for good .- ROM. 8:28.

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GOD IS MY UNFAILING RESOURCE. HE SUP-PLIES MY EVERY NEED ACCORDING TO HIS RICHES.

F OUR present supply seems insufficient to meet the demands, let us remember that God's substance is manifest in the world about us. We have instant access to this substance through our ideas. The ideas that we need, the faith that we need in these ideas, and the courage that we need to step out on our ideas will be given to us as we lift the limitations from our thinking.

We need not depend on other persons for our God support and our supply. We need not depend on a particular work or a specific employer for our prosperity. We need not depend on stocks, bonds, property, or other investments for our income. God is the true Source of our good, and through our faith in Him our every need is met.

Let us begin right now to affirm prosperity. Let us claim prosperity for ourselves, for other persons, for our country, and for the world. Let us recognize and give thanks for every evidence airs. of prosperity that we see.

ings And my God shall supply every need of yours according to his riches .- PHIL. 4:19.

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Tuesday

I BELIEVE IN THE GOOD POWER OF GOD AT WORK IN MY LIFE.

HEN WE see the relation between mind and body, usually the first thing we ask ourselves or others when we have a negative condition to meet is "Why?" "Where has my thinking been wrong?"

Sometimes the answer is readily discernible. Sometimes it is not easy to analyze a situation, and cause and effect seem clouded and obscure.

In retrospect we can often see why some particular experience came to us; but we can also see that the only important experiences in our lives have been the realizations we have had of the imminence of God, the power of God, and the transcendent Spirit of God in the midst of us.

So rather than asking ourselves or others "Why" how much better it is to face the fact that any need of harmony or healing or supply in our lives reveals a need for a closer attunement to God, a need for a greater realization of oneness with our good, a need for an increase of faith, and a need for more time given to prayer.

• For as many as are led by the Spirit of God, these are sons of God,—ROM, 8:14.

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I KNOW THAT MY BODY IS THE TEMPLE OF THE LIVING GOD.

LOOK upon my body as a beautiful and wonderful work of the Master Builder, God. My body, God's temple, is now perfect in every detail. I constantly praise my body and give thanks for the life force flowing through it. I bestow upon my body the most exalted thoughts. I do my part to keep my body clean and fresh. I dress my body suitably and I eat sensibly. I exercise my body and I rest my body in a balanced measure. I take good care of this temple of God, my body.

I never think of my body as weak or imperfect. I see it blessed with the power and the strength of God. I lay aside all belief in disease and pray to be consciously aware of God's glorious presence in His holy temple as life and health. I realize that every room in His temple, every organ of my body, is in perfect order. I think health. I

talk health. I see health expressing.

Truly I know that my body is the temple of the living God, the very sanctuary of His Spirit of

eternal life.

• Know ye not that ye are a temple of God, and that the Spirit of God dwelleth in you?—I COR. 3:16.

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Thursday

EVERY WORD I SPEAK TODAY, I SPEAK WITH LOVE AND UNDERSTANDING.

ODAY I will follow the example set by Jesus Christ and I will speak only words of love and understanding. For such words overcome friction and open all hearts to receive God's

abundant good.

Today I will speak only words of love and consideration to my family. I will speak only constructive, positive, tactful, and helpful words to my neighbor, my employer, my employees, and my fellow workers. Even if some person does speak sharply or unthinkingly to me, I will speak only words of understanding and forgiveness. Today I will follow the Golden Rule and speak only words I would like to hear spoken.

Today I will choose my words carefully and prayerfully. Words of love and understanding inspire persons to have faith in themselves and in the goodness of life. So, I will do all that I can It to lift their hearts with my words of love and

understanding.

He that would love life . . . Let him refrain his tongue from evil. I PET. 3:10.

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GOD, AND GOD ONLY, FILLS MY LIFE.

REATION is the expression of God and partakes of His nature, which is all good. In the vast reaches of the cosmos and in the heart of the tiniest organism, God is present, pure and perfect.

Since God cannot be separated from His creation, I know that His Spirit is everywhere in perfect balance. There cannot be too much or too little of God in any place. When I know this truth my life is always in perfect balance. There oes cannot be too much or too little love in my world. eak When I know this truth my body, too, expresses To- this balance. It can never have too much or too little flesh, which is divine substance. There can be no mental derangement or chemical imbalance, no imperfect functioning anywhere in me.

I rise out of the shadows of negative beliefs into the sunshine of right thinking. I declare the truth about myself. I am a child of God. God is and life, love, wisdom, power and beside Him there is none other. God, and God only, fills my life.

He hath granted unto us his precious and exceeding great promises; that through these ye may become parlakers of the divine nature.-II PET. 1:4.

Saturday

GOD IS WITH ME, AND MY HEART REJOICES.

O YOU sometimes wish you could find more joy in life? Have you a heart hunger for experiences that are bright, happy, and stimulating? If so, try to realize that God is with you. The realization of God's presence brings life's most satisfying joy. The Bible says: "In thy presence is fullness of joy."

This realization enables you to face life with cheerfulness and courage. Nothing can daunt you or make you sad. Your entire world becomes a brighter, happier place. Health and harmony prevail. Your fresh realization of God's presence causes every nerve and fiber of your body to respond with a thrill of rejoicing. "The joy of Jehovah is your strength."

Charles Fillmore has written: "No man yet knows all of life's joys, nor will he until he has come into the full understanding of spiritual communion with God." So, seek this full understanding; seek this communion with God, seek this oneness with the Father, and your heart hunger will be abundantly satisfied with the fullness of joy and your life will be happy and contented.

4 In thy presence is fullness of joy .- PSALMS 16:11.

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I BLESS EACH MOMENT AND ALWAYS LIVE EACH MOMENT IN PEACE.

Pace begins within me. As I become still and place my life and affairs in God's care, I feel His peace and serenity flowing through me. I realize that I live but one moment at a time. If I live this moment in peace, my life and affairs show forth peace and harmony.

I am peaceful. I am harmonious. I am one with God and with all of His world. As I meet each moment with its newness and splendor I greet it with peace and harmony in my heart. I understand how things should be done. I know what I need to do to establish peace, harmony, love, and understanding. If I need to take some particular action, I have the wisdom to take the right action. If I need to pray, I have the faith and the patience to let prayer do its perfect work. If I need to work and pray I am divinely directed and infinitely inspired.

I bless each moment and I always live each moment in peace. I then am saying, "Let there be peace on earth, and let it begin with me."

[•] Blessed are the peacemakers: for they shall be called sons of God.—MATT. 5:9.

Monday

I AM RADIANT WITH THE LIGHT OF GOD AND I SEE MY WAY CLEARLY.

AM radiant with the light of God. I have a clear, unclouded mind. My faculties are quickened; my responses are sure. My insight into myself as a spiritual being is keen. Where there have been doubt and indecision, there are understanding and initiative. Where there has been procrastination, there is orderly action. Where there has been bondage, there is freedom. The radiant light of God shines in me, atthrough me, and for me.

I see my way clearly. I see my way to do the uthings that I should do. I have the courage to do them. I do them at the time they should be done

and in the way they should be done.

I pray this prayer for myself. I pray this prayer for others. I bless my family, my friends, and all appersons everywhere who must make decisions for the good of themselves and for the good of wothers. Since I know the power of such a prayer I think it, feel it, speak it, and live it.

Teach me thy way, O Jehovah; I will walk in thy truth.
—PSALMS 86:11. nave

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IND I UNDERSTAND, I LEARN, AND I RETAIN ALL THAT WILL BE HELPFUL TO ME.

CTUALLY, every person is in a constant process of studying. We study ourselves. We A study other people. We study the world teen. around us and we study outer space. We study the sion, past, the present, and the future. Every time we here read a book or newspaper, every time we discuss y ac our ideas with others, every time we attend a free theater, watch television, or listen to the radio, we me, are studying.

If we are wise we study these things that will the uplift, enlighten, and stimulate us to live richer to do lives. As we pray to understand all that we should done understand in order to be better people or more loving people, we shall find that much will be rayer revealed to us. As we pray to learn easily, quickly, nd all and joyously, we shall find that there are no baras for riers in our minds or spirits or in our days that od of will deter us from learning. As we pray to retain orayer the knowledge that will benefit us, we shall find that we remember what we need to remember.

> Quicken thou me according to thy word. . . Make me to understand the way of thy precepts. -PSALMS 119:25, 27.

PROGRESS

PROGRESS Is New Name for Unity's Teen-Age Magazine

The spirit of youth is growth and reaching forward. For this reason the name of You magazine, Unity's best friend to teen-agers, is being changed to *Progress*—a change that becomes effective this month.

Those who have been friends of Unity for a number of years will remember that the magazine was called *Progress* for some time, and it is felt that this name best expresses the char-

acter of the magazine.

The contents of the magazine will remain the same, including up-to-the-minute articles, fast-moving stories, pictures, inspiring poems, and regular feature departments—all designed specifically to help young people use practical Christianity to build happy and successful lives for themselves.

Why not order a subscription for *Progress* today for some teen-age boy or girl you know? Ask that the subscription begin with the September number, the first number bearing the new name. *Progress* comes each month and is

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priced at only \$1 a year.

UNITY SCHOOL OF CHRISTIANITY

Announcing a New Book! THE GOOD BUSINESS TREASURE CHEST

Here is wonderful news for Unity friends. Hawthorn Books, of New York, is bringing out The Good Business Treasure Chest, containing dozens of the best-liked and most helpful articles published in Good Business magazine

throughout the years.

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Edited by James A. Decker, the present editor of Good Business, the book features a foreword by Lowell Fillmore, president of Unity School, and an introduction by the well-known department store magnate, J. C. Penney. The book is divided into a number of topical sections with such intriguing headings as "Any Job You Want," "A Lesson in Salesmanship," "The Importance of Dreaming," and "Your Only Real Security." Among the authors included are Lloyd C. Douglas, Gardner Hunting, Marcus Bach, Alexander Lake, John D. Murphy, Clinton E. Bernard, Francis Gable and many more.

You will want a copy of this outstanding book in your library for day-to-day help in living and working successfully. A large-size volume, beautifully printed and bound, The Good Business Treasure Chest is priced at \$4.95. It is available at your local bookstore, your Unity center, or you may order it direct from Unity

headquarters.

UNITY SCHOOL OF CHRISTIANITY

"\$250 A MONTH MORE!"

A woman using the Prosperity Bank for the first time writes: "I started a Prosperity Bank, a dime, a nickel, a few pennies at a time. In a few weeks, the dimes turned into dollars, and now wonderful news! My husband has been promoted twice in three months, with substantial salary raises both times. I also have found a perfect job baby-sitting, and between the two of us we earn \$250 a month more than before! I don't know how to thank you, but I will continue the Bank plan and my prayers."

Why not try the Prosperity Bank plan and

see what it can do for you?

Unity School of Christianity, Lee's Summit, Mo.

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THEREFORE CHOOSE LIFE

In the Bible we read this stirring command: "I call heaven and earth to record this day against you that I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live."

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"Therefore choose life"—if we choose to believe in the goodness of God rather than in the power of evil, we have life and have it abundantly. You can learn to consciously choose life in every circumstance by studying Unity's basic textbook, Lessons in Truth, by H. Emilie Cady.

LESSONS IN TRUTH WEEK-1958

Because of the marvelous help it gives, Unity sets aside a special week each year for the study of this book. This year Lessons in Truth Week is from September 8 to 14, and during that time Unity friends all over the world will be studying it together.

Lessons in Truth is written in the form of twelve lessons with question helps, and a special booklet called The Lessons in Truth Study Guide has also been prepared to help you in your study. Lessons in Truth is \$1 a copy and the Guide is free. (If you already have the book, Unity will be happy to send you the Guide free on request.)

UNITY SCHOOL OF CHRISTIANITY

Light

R. H. GRENVILLE

Light is a curious thing. Just now a seagull's wing, In passing, flashed a bright, Brief semaphore of light Reflected from the sun. All light is God-begun, Which we receive, and then Give back to other men.

You, stranger, in your chance Smile and friendly glance, Gave me as bright a thing As any seagull's wing; And you, sun-dazzled tree, Pass morning on to me, To carry on my way, To bless another's day.

